

Lord Provost is running for charity this weekend

✖ The Lord Provost the Rt Hon Donald Wilson is running the 5K on Saturday to raise funds for the STV Appeal which aims to help the lives of children in poverty.

He seems to have become a bit of a fitness fanatic, going to the gym and out running in Holyrood Park several times a week.

The Edinburgh Reporter hiked up Arthur's Seat earlier today to find out how his training programme is going with Andy his personal trainer from Edinburgh Leisure.

The 5K race starts from the Edinburgh Marathon Festival at Our Dynamic Earth at 11am on Saturday, and goes around Holyrood Park.

You can donate online to the Lord Provost's Just Giving page [which you will find here.](#)