

COMPETITION – Spa in the City – win a goody bag here!



Competition ends Friday 23 May at 5pm.

Leading lifestyle retailers are offering free pampering and preening with the return of Spa in the City, which arrives back in St Andrew Square from Saturday 24 – Sunday 25 May, while also expanding into new bases in Grassmarket and the West End for the first time.

Now The Edinburgh Reporter can allow six of you the opportunity of winning a goody bag courtesy of the nice people at Spa in the City – see details below!

The free urban spa experience is returning as part of the This Is Edinburgh campaign, allowing shoppers to book complimentary massages, makeovers and health and beauty consultations from a host of participating retailers including Boots, Chamomile Sanctuary, Neal's Yard, Harvey Nichols and Jenners.

All pampering treatments are free and can be booked upon arrival at the event, with each base focusing on a different theme, designed to leave shoppers refreshed, relaxed and ready to try new looks in Summer 2014.

- Indulge – Spa in the City's largest base at St Andrew Square will this year take on an indulgent theme, providing an oasis of massages, facials and deep relaxation in the midst of the busy, city centre location.
- Inspire – In the West End, Spa in the City attendees will be inspired by new looks and new attitudes, with beauty treatments and motivational talks on offer, including a flirting workshop from Karen Barr, who runs

the popular 7 Steps to Love master classes for women looking to find romance.

- Invigorate – The Grassmarket will come alive with refreshing and revitalising treatments to ensure visitors leave feeling energised and ready for summer.

As well as free treatments and tips, event attendees will receive an offer-book packed full of exclusive discounts from participating retailers and surrounding restaurants and bars, providing the chance to make a day of it with a bite to eat or a cocktail post treatment. Goody bags will also be available to the first 100 visitors.

Founded by Essential Edinburgh in 2008 to ensure Edinburgh leads the way in business and leisure, this year's Spa in the City event additionally supports the This Is Edinburgh campaign's goals of attracting residents and those living within a 2 hour travel radius into the city centre.

Andy Neal, chief executive of Essential Edinburgh said:-“The return of Spa in the City highlights the health and beauty excellence available in Edinburgh city centre, with everything from world class hotel facilities at places like Balance Spa and Beauty at The Roxburghe, to independent experts such as The Face and Body Clinic and even Scotland's only Lush spa available on our doorstep.

“It's now a well-loved event which drives thousands of people into Edinburgh each year, and we look forward to welcoming attendees back to St Andrew Square as well as attracting new faces to the additional bases in Grassmarket and the West End”.

For further information and updates on participating retailers visit thisisedinburgh.org.uk. Additionally, shoppers can follow updates on Twitter and Instagram using #EdinSpa.

To reserve treatments you need to get along early on the day. For more details of what is happening [click here](#).

Six goody bags are reserved for Edinburgh Reporter readers. You will have to collect them at the registration tent on the day if you win. Enter here! (This competition ended on 23 May 2014)

Name(required)

Email(required)

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