No cold feet for MS supporters!

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Thirteen big-hearted volunteers braved burning embers and temperatures soaring above 1200 degrees Fahrenheit to tackle a firewalk for the MS Society.

More than £2,300 was raised at the Blaze Firewalk Challenge event which took place in The Centre, Livingston for the charity that supports more than 100,000 people in the UK who are affected by multiple sclerosis.

Most people are diagnosed in their 20s and 30s. MS is unpredictable, one day you can be fine, the next you might lose your sight or be unable to move.

After an in-depth training session, the group braved their fears in their orange MS branded t-shirts and walked 20 metres on the roasting hot embers.

2014 marks the end of the second consecutive year of The Centre's national charity partnership with the MS Society.

The event took place on Thursday 27 February and was followed by a presentation of certificates to all participants.

David Carson, centre director of The Centre in Livingston, said: "I'm delighted by the courage and generosity of all of the firewalkers who took part.

"This is not an easy challenge and every person involved overcame their own fears to complete the walk.

"The MS Society is a fantastic charity and funds support to many people with MS. I would like to extend my thanks to all of the firewalkers for raising such a significant sum."