

The A to Z of Not Feeling Very Well



Our old man of Leith, Mike Smith, is not one for complaining about being unwell, much...

Here's his A to Z of not feeling very well. If you recognise the majority of these symptoms, you may need as much help as he does...

A is for arthritis;

B's the bad back,

C is the chest pains, perhaps cardiac?

D is for dental decay and decline,

E is for eyesight, can't read that top line

F is for fissures and fluid retention,

G is for gas which I'd rather not mention.

H high blood pressure-I'd rather it was low;

I for incisions with scars you can show.

J is for joints, out of socket, won't mend,

K is for knees that crack when they bend.

L's for libido, what happened to sex?

M is for memory, I forget what comes next.

N is neuralgia, in nerves way down low;

O is for osteo, bones that don't grow

P for prescriptions, I have quite a few,

just give me a pill and I'll be good as new

Q is for queasy, is it fatal or flu?

R is for reflux, one meal turns to two.

S is for sleepless nights, counting my fears,
T is for Tinnitus; bells in my ears

U is for urinary; troubles with flow;
V for vertigo, that's 'dizzy,' you know.

W for worry, now what's going round?
X is for X ray and what might be found.

Y for another year I'm left here behind,
Z is for zest I still have in my mind.

I've survived all the symptoms, my body's deployed and I'm
keeping twenty-six doctors fully employed...