Five things you need to know today Edinburgh!

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Edinburgh Parkour group — Lothians MSP concerned about lawyers — Film extras required — Book List — Lego Swap Shop at Cameron Toll

There is an Edinburgh Parkour group specifically for women. They hold training sessions on Wednesdays and they will meet tonight at Bristo Square at 6.30pm. Dress in loose clothing....!

You can find out more on Facebook.

Kezia Dugdale MSP has lodged a motion in Holyrood which shows her concern for those entering the legal profession. It has long been recognised that there are too many law graduates for all of them to become solicitors in Scotland, although many use a law degree as a stepping stone to a different career.

Ms Dugdale told The Edinburgh Reporter:-"It's incredibly important that the legal profession is open to all based on merit. It is particularly important to have a representative legal profession given the role of that profession in shaping our society. The current arrangements, where students are faced with large interest-bearing career development loans to cover the postgraduate Diploma in Professional Legal Practice, places pressure on students.

"This is exacerbated by the fact that internships and traineeships are notoriously hard to gain access to which means that many from less affluent backgrounds are put off the risk of undertaking the Diploma in Legal Practice without a concrete job at the end of it."

It reads: - "*S4M-09111 Kezia Dugdale: Access to Legal Profession—That the Parliament is concerned that there is a lack of fair access to the legal profession; considers that there are a multitude of barriers to accessing the profession, including access to the undergraduate LLB degree for people from all backgrounds; is concerned at the barrier presented by the wholesale removal of bursaries for students' Diploma in Legal Practice fees; praises the Law Society of Scotland for recognising students and the Parliament's concerns in this area and responding with a detailed action plan; notes the work done by the Law Society of Scotland in pursuit of fairer includes encouraging legal firms access. which universities to do more to support widening participation efforts; commends the cooperation between the Law Society and Adopt an Intern to stimulate the number of internships for diploma graduates and remains worried about the difficulties that LLB graduates from disadvantaged backgrounds face in progressing their careers, and impresses on the Scottish Government how imperative it considers it is that students are able to become a solicitor based on ability and not background."

Cristina Lucas is looking for you to take part in a race in Holyrood Park which is part of the lead up to the Commonwealth Games. This is from the 001to100 Facebook Page.

We are looking for families and individuals of all ages to take part in an exciting new film by Cristina Lucas.

100 people aged 1 to 100 will take part in a 100-metre race, on a purpose-made track in Holyrood Park.

In the lead up to the Commonwealth Games in Glasgow, this is a race with a difference — a race open to all, in which each participant will just be representing their age, and be in competition only with themselves. We want you, your friends and family to take part in this unique celebration ofpersonal and physical achievement.

SIGN UP AT http://001to100.eventbrite.co.uk/

Cristina Lucas is a Spanish artist who brings groups of people together to make work that uses the poetic nature of film to explore social and political stereotypes.

We are planning to start filming on Friday 21 March but you also will need to be available on Saturday 22 and Sunday 23 March, as it will be weather-dependent. Full instructions and a timetable will be issued to all participants.

Further information:

We expect little ones to take part with a parent or guardian and that some other participants will also be accompanied. If you have any gueries or concerns please do contact us.

We are asking more than one person to sign up for their particular age and will confirm your attendance with you the week before the event. If you are no longer able to join us, then we will go to the next person on the list.

In partnership with Edinburgh Leisure.

Part of the Glasgow 2014 Cultural Programme.

Supported by The National Lottery through Creative Scotland.

TED have produced a list of books related to the speakers who will appear at their next event which takes place in Vancouver.

One of the books on the list is written by Commander Chris Hadfield who was in Edinburgh at the end of last year.

Here is the list. How many have you read?

Lego Swap Shop — Wyld style, Master Builder

The LEGO Movie Ultimate Sticker Collection

WATERSTONE'S EDINBURGH CAMERON TOLL Sunday, 2 March 2014, 3:00PM

"Everything IS awesome, including our third Lego swap shop. Come by and convince others to take your doubles, take part in building competitions and invent your own minifigure. It will be epic!"

Further details:0131 6661866