

# Free cooking course with Canny Families

- ✘ Edinburgh Community Food and Changeworks team up to offer a free 6 week affordable cooking course.

Open to families with children under 16 you will learn how to make quick, easy and affordable meals each week. In addition to this you will be given recipes to take away.

You will also be able to attend a FREE kitchen canny workshop to help you to reduce food waste in your own home.

Courses starting

14th January @ Leith Academy from 09.30am till 11.30am

15th January @ Pentland Community Centre from 09.30am till 11.30am

16th January @ Slateford Green community Centre from 09.30am till 11.30am

To book your place or for more information: Contact Stephanie

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Submitted by [Robert Pearson](#)