Former Hibs' captain Chris Hogg announces his retirement from football

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Former Hibs captain Chris Hogg has officially announced his retirement from football.

The 28 year old defender left Inverness Caledonian Thistle at the end of last season, despite being offered an extension to his contract by Terry Butcher.

Announcing his retirement on Twitter, he wrote: "Just to let people know, I decided to retire from professional football in the summer (2013). Not through choice but lack of the right opportunity.

"It's been hard to take but with my young family it was the right thing to do. It's changed days in the pro game and to drag them around the country every year or so just wasn't good.

"Abroad, options were not really viable and to stay pro at the levels available just wasn't for me."

Hogg made 169 appearances for Hibs in six seasons, after being signed by Tony Mowbray from Ipswich Town, and partnered Rob Jones in the heart of the defence when the club won the CIS League Cup in 2007.

John Hughes appointed Hogg as captain but he was subsequently freed by Colin Calderwood in January 2011.

After leaving Hibs, Hogg joined Terry Butcher and Maurice Malpas at Inverness Caledonian Thistle but his appearances were limited following a serious knee injury against Dundee United, described by Butcher at the time as one of the worst he had seen.

Hogg last played for Caley in a 1-0 defeat at Ross County on May 19 last year.

He captained England at Under-15 level and was also capped at Under-16, 17, 18 and under-19 levels.