Edinburgh Weightwatchers lose in 2013

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In the UK in 2013 Weight Watchers members lost a staggering 420000 stones. Edinburgh members alone lost 3130 stones!

So many people are slimmer and healthier this year because they joined a Weight Watchers meeting. My name is Rhona. I have been a Leader for 19 years I am so proud of my members this year and every year. It is such a joy to see lives changed for the better forever. This year with Simple Start it will be even easier to lose weight with Weight Watchers and I am so looking forward to January.

My meetings this year are going to be held at the Marriott Hotel Glasgow Road Sunday 10.30am and Monday 6.30pm, Clermiston Inn Tuesday 10:00 am, Forrester Rugby Club Tuesday 6:00pm, BMC Club Gorgie Wednesday 7:00pm, Ellersly House Hotel Thursday 10:00am and Drylaw Neighbourhood Centre Thursday 6:30pm.

Submitted by Rhona Huckle

