

Karate Group still kicking after 35 years!

Lasswade Karate Group was founded in 1979 by a 19 year-old.

Jim Collins was a 6th Dan who taught in Midlothian and Edinburgh at various clubs. Jim won numerous titles including being the World Individual and Team Champion, European Champion and Commonwealth Champion all whilst giving his dedication to his students creating a new generation of champion.

Jim, originally from Liberton, still teaches at his Lasswade, Goodtrees in Moredun and Dalkeith clubs with membership going from strength to strength. After 35 years of successfully running the Lasswade Karate Group, Jim's passion is still there and he enjoys passing on his knowledge to students of all ages and abilities.

Karate is a great way for children and adults alike who seek fitness, self defense, discipline and it has a fantastic, friendly social aspect to the group.

Jim is always seeking new members to come along and have a go and see what Karate has to offer.

Submitted by [Kenny Moffat](#)

