## Join Edinburgh's cheerleading squad

Planet Cheer's Edinburgh squad The Wolverines has moved location! The multi-trophy winning Cheerleading squads from Edinburgh are expanding and offering young people the opportunity to come along and join the new team in their new training facilities at the North Merchiston Club, 48 Watson Crescent. Cheerleading is an active, energetic and enjoyable way to meet new friends, improve physical ability and learn how to work as a team. Cheerleaders learn many life skills that benefit them in the future as well as body confidence and self-esteem.

The team trains on Thursday evenings and new members are welcome at any time. For those 6 years and over training class starts at 5.30pm and for 11 years and over it starts at 6.30pm. All training classes are suitable for beginners and young people of all abilities. Planet Cheer is offering those interested to come along and try their first class for free. For further information look at the Planet Cheer website or call Coach Karen on 07891164595

Submitted by <u>Karen Martin</u>