

Edinburgh Rugby growing moustaches for Movember

Edinburgh Rugby put down razors for charity

Edinburgh Rugby have set off on a month-long charity event, as players will attempt to grow moustaches in aid of men's health awareness fundraising, the so-called Movember.

Movember challenges men from across the globe to grow a moustache for the 30 days of November, thereby changing their appearance and the face of men's health.

Spearheaded by Scotland International Tim Visser, Edinburgh Rugby have signed up for this year's event.

Participants, AKA 'Mo Bro's', are not only tasked with raising as much money as possible through sponsorship, but raising awareness of the often ignored issues of men's health.

The Movember Foundation, directs multiple men's health programmes aimed at combatting prostate and testicular cancer, as well as mental health challenges.

Programme focuses range from awareness and education, living with and beyond cancer, staying mentally healthy, living with and beyond mental illness and research to achieve their vision of an everlasting impact on the face of men's health.

Set up just 10 years ago in Melbourne, Australia, Movember started with just 30 participants, but has exploded in recent years.

Last year over 1.1million Mo Bro's and Mo Sistas joined the cause, raising £92million.

Edinburgh Rugby chief Mo Bro, Tim Visser said:- "Movember is great fun and at the same time a good opportunity to support a

cause that affects everybody from all walks of life.

“Hopefully the players’ involvement will raise the profile of this great cause among our supporters and beyond.”

If you want to get involved with Movember, or sponsor Edinburgh Rugby’s Mo Bros, visit their fundraising page [here](#).