Five things you need to know today

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A Song, A City — Fruitmarket Gallery — Nile Rodgers at Summerhall — Juniper Green Farmers' Market — Tickets on sale today for Fringe by the Sea

Ontario born musicians, DANNY LAMB and JAY BATY are spending the month of June writing songs and traveling through Europe to raise awareness of Spina Bifida and Hydrocephalus, and today and tomorrow they will be in Edinburgh.

The goal of their tour, A SONG, A CITY, is to write a new song in each European city they visit. Their tour starts in Dublin, Ireland, on June 15th, and ends in Izmir, Turkey, on June, 30th. On their way they will also make performances in England, Scotland, the Netherlands and Belgium. Band mate Jay and Danny, who was diagnosed Spina Bifida and Hydrocephalus at age 3 will be video blogging every step of the tour and will be posting the songs recorded from their hostels on their Facebook and Twitter pages. The song that receives the most amount of likes on these pages will be performed on their last night in Turkey, during the International "UNITE AND SHARE", Conference, for Spina Bifida and Hydrocephalus on June 29th.

Steve Kean, Programs & Services Coordinator Spina Bifida & Hydrocephalus Association of Ontario said:-"Danny Lamb plays an invaluable role as the Youth Ambassador for the Spina Bifida and Hydrocephalus Association of Ontario (SB&H). We are delighted to see his success and thank him for raising awareness of spina bifida and hydrocephalus wherever he goes.

SB&H wishes him all the best as he embarks on his "Song-a-City" tour ending in Turkey at the 2013 International Federation for Hydrocephalus and Spina Bifida Conference."

Back home in Canada, Danny and Jay will record all their songs at the Tangerine Recording Studio in Niagara Falls, and will release their album titled 'A SONG, A CITY' on October 25, 2013, the World Spina Bifida and Hydrocephalus Day. All proceeds will go to the International Federation for Spina Bifida and Hydrocephalus.

Danny Lamb is very passionate about raising awareness for these diseases and has been the Young Ambassador of the Spina Bifida & Hydrocephalus Association of Ontario for the past 5 years. He has carried his love of music to IF International Conferences around the world from Uganda, Africa to Stockholm, Sweden. Together with Jay Baty, he plays in a band called Mrs. Johnston, a five-piece group of hard working, ambitious, charismatic, fun young men from the Niagara Region.

For more information about Danny Lamb, Tour dates and the Association visit http://www.dannylamb.ca

Today the musicians are in the Canon's Gait on the Royal Mile and tomorrow they will be playing in the Guildford Arms also on the Royal Mile. Do let us know if you catch up with them!

Did you know that you can go along to the Fruitmarket Gallery any Saturday at 2:00pm and they will give you a guided tour? This will help you to find the lovely gift shop they have as well as offering you news about their latest exhibitions.

The Juniper Green market is on today from 9am — 1pm in the car park of the dental surgery on Lanark Road. The stallholders in attendance this week will be:

<u>Cedar Cottage Country Meats</u> farm reared meats, quality Highland Beef pies, Ayrshire bacon, sausages and more. Also veggie selection too!

<u>Stortebaeker</u> baking and more straight from the oven. Cheesecakes, tarts, savoury offerings — indulge!

<u>Breadshare Community Bakery</u> excellent, fresh breads made by the community bakery at Whitmuir using organic ingredients and local products, plus their wonderful seaweed crackers!

Temptations delicious sweet and savoury home baking with quiches, cakes and treats

<u>Delightful Chocolates</u> artisan chocolates from a young local producer — boxes, choccy drops and flavours that will really hit the spot!

Really Good fudge hand made fudge and tablet in a range of flavours for the discerning!

Ruths Kitchen local cafe owner Ruth will be on site with some home baking and also copies of her own cookbook too

Nick is still hoping for other stallholders to be present depending on whether they can find the staff to attend.

Members of Juniper Green Community Council will be running the free community stall this month, publicizing the forthcoming CC elections later this year and offering advice and information about their activities within the local area. Catch up online at: http://www.junipergreencc.org.uk/

'Yes Pentland' information stall will also be on the market this month with advice and details about the forthcoming independence referendum — they are a local body offering information specifically about the potential for an independent Scotland.

Entertainment this month is provided by members of the Scots Music Group, back on site with some great traditional jigs and reels to dance to at the market, so bring your dancing shoes!! Scots Music Group is an Edinburgh based music charity offering lessons and information about a range of music based activities in the area. Details of their work can be found online.

Go along, bring your friends, meet others and enjoy the chat.

Tickets will go on general sale this morning in two places for Fringe by the Sea

- 1. At the website <u>www.fringebythesea.com</u>
- 2. The Fringe by the Sea Ticket Hut, Quality St. North Berwick Weekends 12 4pm, weekdays 4-7pm

Details of what's on in North Berwick from 5 to 11 August here in the programme

Fringe by the Sea 2013