

# Edinburgh Festival Fringe – How to avoid making an entrance of yourself

## ☒ **How to Avoid Making an Entrance of Yourself**

**Tonight Matthew I am going to be... making an entrance and heading straight for the exit**

Dot Howard was one-half of Odd Comic who enjoyed critical and audience acclaim with the unique, quirky 2012 Fringe surprise *Would be Nice Though...* For 2013 she returns with an absurd account of a performance career spent in abject fear of the “conventional” audience.

**How to Avoid Making an Entrance of Yourself** uses remarkable entrances, several attempts at anonymity and recreated disastrous onstage experiences to reveal the self-doubt and questioning that underlies a performer’s attempts to just make good art. A retrospective of performance anxieties where scrutiny is paramount; part performance, part life drawing class, this unique show aims to involve, delight and explain.

**How to Avoid Making an Entrance of Yourself** makes use of the ‘Signalong’ sign-supporting system based on British Sign Language. It is therefore also accessible to adults with learning and language disabilities.

Dot’s creative career began with her Fine Art BA at Central Saint Martins School of Art. She usually makes site-specific performances for small audiences in unusual places. Humour and discomfort are expertly balanced. Past shows have involved audience members training as professional hopscotchers, singing in an impromptu choir on a London Underground train and finding themselves on-stage without a script.

Dot has been performing professionally in the UK and beyond for 10 years.

**How to Avoid Making an Entrance of Yourself** has been selected for **Escalator East To Edinburgh**. Each year Escalator, East to Edinburgh helps artists and arts organisations to raise their profile and perform to new audiences as part of the Edinburgh Festival Fringe.