

# Edinburgh Festival Fringe – Head Hand Head



**Venue C nova, venue 145, 31 July – 13 Aug, Time 15:30 (50 mins) Ticket prices £7.50-£9.50 / concessions £5.50-£7.50,**

Head Hand Head is a moving, imaginative and haunting portrait of mental distress, where the doubts of the universe find the shape of a person.

Drawing on her own experiences of living with obsessive compulsive disorder and anxiety, this intimate new solo show by Laura Jane Dean has been developed with the help of theatre-maker Chris Goode and explores the truths we tell, the fears we cling on to and what happens when we reveal our darkest thoughts.

In the back seat of a car an unassuming conversation takes dark and vicious root in the psyche of Laura Jane Dean. What we tell ourselves about the world, its simple probabilities and routine certainties, mortal dangers and not-so mortal dangers, melt away leaving Laura practicing head-hand-head coordination just to stay in the game. This complex, lyrical story journeys between interior dystopia and cool normality, exploring the things we need to stay sane.

Laura Jane Dean is a performer and theatre-maker. Graduating from the University of Kent in 2006, having developed a strong stage persona, and a passion for testing the relationship between audience and performer, Laura became a member of Accidental Collective. Over four years she collaborated with the company to create a diverse portfolio of performances, encompassing stage, site specific and community work and performed nationally. Laura is now based in London and since 2011 has been making solo performances for small audiences.