

Get on your bike for charity this Friday

✘ This Friday staff, young people, supporters and anyone interested in helping raise money for charity are invited to take part in the Fet Lor Youth Centre Bike-A-Thon.

Fet Lor Youth Centre is one of the oldest youth centres in the city and has operated from its current base on Crewe Road South for the the last fifty years. There are now plans to rebuild the centre and the centre's staff and management committee have been raising the funds to carry out the proposed work. You can read about the Big Project [here on the Fet Lor website.](#)

Grace Eddy who is the project worker said :- "The event is going to take place on 31 May from 9:00am-9:00pm and participants will either book a slot with me or they can show up on the day (but I can't guarantee a bike a spot if they haven't booked!). It is suggested to take a half hour slot, and participants will challenge themselves or each other to cycle as many miles on a stationary bike as they can in that time. They can collect sponsorship in advance in two ways: by asking friends and family to commit to a donation *per mile* or by asking for a one-off donation to the club just for taking part.

There will be music, prizes, and donation buckets on the day and all of this will take place in front of the centre. You don't need to cycle to enjoy it and we're encouraging people to come by and cheer on the brave cyclists taking part. It should be a great atmosphere on the day so I hope you can come along! "

Grace has also made a pledge that if she can raise over £150 she will cycle for thirty minutes in her onesie. If you would

like more information contact Fet Lor on 0131 332 4506 or if you would like to sponsor Grace please visit her page at <http://www.justgiving.com/grace-eddy>

The Reporter will be along on Friday and will provide some photos and video from the event!