

# Runners needed for the Rock n Roll Half Marathon



Macmillan Cancer Support is urging people to sign up for a run to support them this year in Edinburgh's Rock 'n' Roll Half Marathon.

The fun-packed scenic 13 mile race takes place on Sunday 14 April 2013 and will feature live music at every mile – from live bands and DJs playing a variety of music from alternative, classic rock, punk and blues.

Fundraising Manager, Jayne Forbes, said " Running is a fantastic way to support Macmillan, and the Rock 'n' Roll Half Marathon is great for runners looking to progress from a 10k race or work towards running a full marathon. Knowing that every mile you cover is raising money and making a difference to the lives of people and families living with cancer "



"We provide comprehensive training, nutrition and kit advice, as well as very simple ideas to raise money. Whatever you need, we will support you every step of the way."

All money raised from the run will be used to fund Macmillan's vital cancer services – from specialist nurses and doctors, to help and advice for people who have financial problems as a result of cancer.

For more information on taking part in a run for Macmillan, please contact [fundraising@macmillan.org.uk](mailto:fundraising@macmillan.org.uk) or 0300 1000 200. Please see all our running events at [www.macmillan.org.uk/running](http://www.macmillan.org.uk/running).

