

# MS Therapy Centre getting a makeover



## *Working It Out to help the MS Therapy Centre*

Fourteen young people from the Working It Out project are preparing to don their overalls and redecorate The Multiple Sclerosis (MS) Therapy Centre in Leith on Monday. The centre, which offers practical therapies to people who live with MS, had been appealing for volunteers to help with its first makeover in more than a decade. When the young people from Working It Out [read about this in The Edinburgh Reporter](#), they were only too happy to get involved.

Working It Out is a four-month programme run by Tomorrow's People, which aims to instill confidence, motivation and offer support to unemployed 16 to 24 year-olds in Edinburgh.

Heather Law, Task Force Leader, Tomorrow's People said:-

"Working It Out supports young people into work, training or education. We also work on various community challenges, so we were delighted to volunteer our services to help the MS Therapy Centre.

"It's been a real opportunity to find out about the work the centre does and it's great to know that the young people's hard work will be appreciated by those who use it.

"Helping out with the redecoration gives our young people a real sense of achievement as they improve something in their community. We are all very much looking forward to it."

Nancy Campbell, Operations Manager at the MS Therapy Centre said:

“I am delighted that Working It Out has agreed to help us. It is a great project and I am sure that the young people will do an amazing job redecorating the centre.

“We are trying to create a more welcoming and therapeutic environment for our clients and volunteers and with the help of local tradesmen who have donated materials and the young people who are doing the painting, I am hoping to see a transformation. “