

Lorraine gets pampered at The Caley



TOP-TO-TOE PAMPERING FOR TV'S LORRAINE

Lorraine Kelly took a well-earned break from her early starts in London to enjoy some luxury and pampering at the Guerlain Spa at The Caledonian, A Waldorf Astoria Hotel in Edinburgh – the first in the UK.

With bespoke treatment rooms and a team of highly trained Beauty Coaches, the Guerlain Spa introduces a cutting edge, bespoke health and beauty experience to the city. Beginning with a systematic analysis and precise skin diagnosis, each treatment is individually tailored using signature Guerlain touches.

A journey of tranquillity begins on arrival. Each guest is invited to select their Guerlain fragrance upon arrival which will infuse their therapeutic experience. They are then encouraged to enjoy the warmth and luxury of their (fluffy) robe as they relax and enjoy a gently soothing, fragrant footbath designed to envelop the senses; a ritual that will allow even the most time pressed guests to unwind before their choice of treatment.

Lorraine said: 'This is the ultimate in pampering and a real treat for a special occasion or just as a way of spoiling yourself.'

'I love the way that the treatment begins with your own fragrance journey as soon as you enter the spa. Not a minute is wasted and right away you feel very special.'



Founded in 1828, Guerlain's history runs parallel with the history of skincare making the spa a unique centre of excellence.

Of the exclusive Orchidee Imperiale Prestige Treatment Lorraine said: 'A facial that lasts two and a half hours sounds like a long time but it simply flies past. The emphasis on fragrance and aromas help to create an experience that is tailor-made just for you. I also like the extra touches like the fragrant footbath before your treatment and the 'touch of colour' before you leave the spa, real top-to-toe pampering!'

'It's the most relaxing morning I've had in ages and I felt totally relaxed, stress free and ready to face the rest of the day.'

The Guerlain Spa at The Caledonian, A Waldorf Astoria Hotel is the ultimate luxury hotel pampering experience. Where cutting-edge innovation unites with customization, luxury, emotion and sensuality. For further information or to buy gift vouchers, call 0131 222 8836, email guerlainspa.caledonian@waldorfastoria.com or visit www.theCaledonian.waldorfastoria.com