

# Council promotes healthy eating at school



In a bid to encourage healthy eating and to raise money for charity, The City of Edinburgh Council has teamed up with the Wallace and Gromit Foundation to serve up some tasty, healthy pasta meals for primary pupils.

To launch the new meals, Wallace and Gromit visited Currie Primary and Clovenstone Primary today, where kids got a taste for the new meals.

The fun shaped pasta is accompanied by a nutritious sauce, helping kids get the right share of nutrients and vitamins for their lunch.

And for every pack purchased by the Council, one pound is donated to the [Wallace and Gromit Foundation](#) which is a national children's charity to help sick kids in hospitals and hospices across the UK.

Children and Families Leader, Councillor Paul Godzik, said: "There is a real need to promote healthy eating. Here in Edinburgh we've had real success with our breakfast clubs, but we know we need to do more. We hope that these new school meals will help encourage more children and young people to adopt a healthier lifestyle, and at the same time support a very worthy cause."

The right diet has been proven to aid both children's physical and mental well-being and aid concentration. The council is committed to delivering healthy meals for all its pupils and all of the food served up in the city's schools meets the Scottish Government guidelines.

People can find out more about what [meals are on offer](#) in all schools in Edinburgh and the benefits of them online.