

Restaurant Review: Spoon Café Bistro



Vintage Heaven since 2009

We arrived at Spoon Café Bistro, opposite the Festival Theatre, after a brisk walk up North Bridge – Celia and I had already been told about this lovely café/bistro and we were eager to try it out.

After being welcomed by Spoon's lovely owner Moira, we took in the wonderfully quirky and vintage aesthetics. Spoon is the epitome of vintage cool with funky cake stands and mis-matched chairs and tables throughout the charmingly decorated room.

The menu was jam-packed with wholesome and healthy dishes, including some delicious looking gluten free options. The choices were suitably 'in vogue' with home grown, seasonal and organic produce made up into mouth watering original recipes.

After finishing off an entire basket of home baked bread (including a yummy gingery slice) we were presented with our starters. Celia went for the special of the day; a hearty thai chicken broth and I opted for the meat loaf. Meatloaf always reminds me of the film Home Alone; it is something rarely eaten in the UK but a home cooked staple in the US. I would definitely order the meatloaf again; in fact I would like to learn how to make it! It was SO good and perfectly finished off on a rosemary-infused slice of bread.

For our super healthy main courses we chose the grilled Sea Bream and the Baked Hake! Celia's Hake came with potato bravas and interestingly – black pudding which all went down very well. My sea bream was presented on a chili and coriander

broth, this was light healthy and definitely stood me in good stead for a nice big pud!

Not to be deterred by calories (are you ever?! Ed.) we ordered puddings of poached Pear on Brioche and a chocolate, honey and almond cheesecake. Both were yummy and had the air of organic seasonal produce, as the previous two courses had had.

✘ I would highly recommend Spoon as a Bistro for home-cooked, good quality food and I know it to be an excellent café during the day. It has lots of space for prams, pushchairs and toddlers and if the coffees are made like my hot chocolate (which I managed to scoff at the end of the night!) then they will be hands down exceptional.

Everything was a wee bit 'different' at Spoon; from the wonderfully vintage array of water jugs to the twee cake stands and very funky vintage wallpaper in the loo! Try Spoon for a super cool and deliciously healthy place to dine.

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The Reporter Food reviewer, Holly Jones, is a partner in [The Lifestyle Company Scotland](#). You can follow the company and their lifestyle tips on [Twitter](#).