

# Men's beauty treatments now on offer in Edinburgh



## *MENS' EVENINGS NOW AVAILABLE AT CHAMOMILE SANCTUARY*

According to the British Association of Beauty Therapy and Cosmetology, men are increasingly aware of their appearance and taking advantage of a wide range of beauty treatments designed especially for men. European men have embraced the spa and beauty treatment arena.

Chamomile Sanctuary, the award-winning luxury day spa at Edinburgh's West End, is to introduce its own range of treatments for men from 9 April 2012 – just in time for Spring!

The treatment menu will include facials, massage, manicures, pedicures, and selected waxing.

Jon Daly, Captain of Dundee United and David Wotherspoon of Hibs were the first to experience a treatment at Chamomile when they both enjoyed a pedicure ahead of this weekend's match at Easter Road.

Jon Daly said: 'Feeling good is not just a female domain! After 90 minutes running around the pitch we feel stress just as others do. Massage is a perfect treatment for a footballer.'

'All that training and playing football does mean that our feet do ache sometimes too and don't always look very pretty! A pedicure is a new experience for me!'

Jilly Kinsella, Director of Beauty at the spa, said: 'With interest in men's grooming growing and such a wide range of products available for men generally, it makes sense for us to increase our range to include specialist treatments. How many

of our husbands or partners have tried our products and really appreciated the results!

'Just as we ladies always want to look and feel good ahead of an important meeting or event for example, and perhaps have a manicure, then so do men! A professional manicure is sometimes offered at a barbershop as men embrace the pampering. Not only does a manicure feel good, it can be helpful in keeping a man well groomed and polished.'

Mens' grooming evenings are Mondays only. Treatments range in price and include £35 for a manicure; £45 for a pedicure; Swedish massage £60 and facial £65.

For further information or to book please call 0131-220 1000 or visit [www.chamomilesanctuary.com](http://www.chamomilesanctuary.com). Chamomile Sanctuary was a UK Beauty Salon of the Year finalist at the Professional Beauty Awards 2012.