

# Fashion – Jumpsuits add inches...to your height



## Why a jumpsuit can make you look taller

This one-piece item of clothing is proving to have increased in popularity with people of all ages and sizes.

Before jumpsuits were claimed by the catwalks, a jumpsuit was the name given to the garment of parachuters and it still is as the two are reminiscent of each other for the full leg length of the clothing. The only difference in the fashion industry is that jumpsuits do not have a full length in the arm.

Jumpsuit designs are particularly versatile due to the diverse range in styles available.

Whether the difference be in the fit of the jumpsuit, its detail, length or material they can be exceptionally different, which is perhaps why jumpsuits have the ability to make people look taller and slimmer.

The jumpsuit can look casual, glamorous, and elegant and always bang on trend. [Jumpsuits](#) can make a statement, but are also one of the most comfortable pieces of clothing in the wardrobe.

Jumpsuits can be found in gorgeous colours such as navy, deep greens and plum colours amongst many others. It is the combination of style, colour and materials that can contribute to the formality of the jumpsuit.

Materials such as silk are likely to create a more elegant and sophisticated appearance that would be suitable for formal events, whereas cotton is ideal for a casual and comfy outfit for the summer evenings. For women who like heads to turn when they enter the room, materials such as leather will make a massive statement, as will funky prints such as zebra.

Styles range from wide lower leg, skinny fit to a complete loose fit from the hip down that can cause the jumpsuit to be mistaken for a dress. Women who are naturally slim and tall will be able to pull off the risky denim jumpsuit and still look incredible.

However, for shorter women choosing a jumpsuit that is fitted on the top area, but loosely fitted from the hip down to create a flare on the leg will instantly make any woman look taller and more slender. Of course, the most obvious way to make any woman taller is to add a pair of heels, so don't think you have to be any different with a jumpsuit, get your heels out of your wardrobe and put them with your jumpsuit.

A plain black jumpsuit dominates the popularity stakes in jumpsuits. Often made of a light material such as cotton or nylon, the use of black makes the jumpsuit adaptable for casual occasions as well as formal ones.

A black jumpsuit can be accessorised, and for more glamorous events adding a large bulky necklace will add some sparkle to the outfit. Black and gold complement each other exceptionally well. So if you are looking to look like a Hollywood celebrity in your black jumpsuit find some earrings and bracelets in gold and add a subtle clutch bag to the mix.

The benefit of choosing a black jumpsuit is not just because black is renowned for being the most slimming colour, but because it requires little thought with virtually all colours and jewellery going perfectly with it.