The Edinburgh Reporter Advent Calendar — Gift ideas for her — Susanne's Slimming and Beauty clinic

Susanne's Slimming and Beauty Clinic is a cornerstone of the Edinburgh beauty scene. The business really is owned by Susanne Baird, and she is about to celebrate 40 years in the beauty business next year. As anyone who knows her will tell you, she is testament to the beneficial effects of her own salon's beauty treatments and products.

Situated in Cumberland Street in the New Town the salon offers an oasis of calm where you can enjoy a full range of beauty treatments across all price ranges, with on-street parking right outside the front door. And for Christmas presents there are many products and treatments to choose from. Here are Susanne's personal suggestions:-

A quick fix much favoured by celebrities before the party season is the CACI Ultimate.

"The CACI Ultimate as the name suggests really is the Ultimate aesthetic treatment system. As the very first treatment system to combine; Microcurrent facial toning, Crystal Free Microdermabrasion, LED photo therapy and High Frequency Stimulation, the CACI Ultimate is truly the most versatile treatment system available."

Remember the party toes! Susanne said:-"Don't spend ages on the rest of your body and then let yourself down with your feet." Treat yourself to a Pedicure from £32

This year has been big for **False Eyelashes** — You can get semipermanent lashes from £45. Even a half set can make all the difference we are told!

Eyelash tinting will make the most of your peepers and will last through your Christmas holiday if you are jetting off to the sun or the slopes. No need for messy mascara! Prices from £14.50

Another treatment to emphasise your eyes and frame your face is **Brow Shaping** which is relatively inexpensive at £9.00

Susanne also offers a very reasonably priced **manicure** from £23.00, and we all know how important it is to have great looking nails during the party season.

Finally, to put you in the mood for all that fraternising with the relatives, or to calm you after all the rushing around, someone might treat you to a voucher for **The Ultimate Facial**. It combines the very best techniques that time and technology can offer, tailored to your personal requirements. Duration: 2 hours. You would be really relaxed by the end of that.... but if not then you might care for a **body massage** reviving and stimulating the muscles. Various techniques are used including Swedish massage to break up fatty tissues, shiatsu to relax and bring the body into harmony.

And for those who cannot decide which bit needs treatment first then go for the works! French facial, lash tint, leg wax, manicure, pedicure and browshape. **Pre-holiday package**. £120.

And, Ladies you can also book a massage at Susanne's for the man in your life. Prices from £49.

Susanne is also a record holder. She set the Guinness World Record for waxing the most pairs of legs in an hour in the UK when she got through 40 pairs of pins, including the very hairy TV presenter, Nick Hancock, and radio personality and comedian, Fred Macaulay! In doing so she raised cash for her favoured charity, Childline.

You can contact the salon on the phone number below or through Facebook, but they also have an online shop making it very convenient for you to get the best present for your loved one, or just a treat for yourself!

Susanne's Slimming and Beauty

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