

# Edinburgh MP Murray embracing Movember...

Local MP Ian Murray is proudly joining the Movember movement and campaigning to raise vital funds and awareness for men's health, specifically prostate cancer and other cancers that affect men. During November each year, Movember is responsible for the sprouting of moustaches on thousands of men's faces in the UK and around the world. Ian will begin November with a clean shaven face then during the rest of the month will groom and trim his way into the annals of fine moustachery.

Ian will be supported in the growing department by his office staff who will be encouraging friends and constituents alike to raise funds by seeking out sponsorship for their Mo-growing efforts.

To donate to this extremely worthwhile cause please [visit his website.](#)

Mo Bros effectively become walking, talking billboards for the thirty days of November, and through their actions and words raise awareness by prompting private and public conversation around the often ignored issue of men's health.

Ian and his team will keep people up to date through the above website on their growing and styling efforts, so be sure to log on for further updates. Ian said:-“I am proud to support and participate in this great and worthy event. Prostate cancer is the most common cancer in men in the UK, as one man every hour dies of the disease in the UK alone. We must do all we can to raise awareness of the disease and make it easier for men to get informed.”

The funds raised in the UK support the number one and two male specific cancers – prostate and testicular cancer. In 2010,

over 112,000 UK Mo Bros and Mo Sistas got on board, raising £11.7 million with £46.8 million raised worldwide. In total Movember has raised a staggering £108.5 Million since its conception and has grown from 30 participants to 447,000 people taking part.

If anyone has any worries about the disease, The Prostate Cancer Charity has a whole team of specialist nurses who are there to answer questions on their confidential Helpline. Call 0800 074 8383 or visit [www.prostate-cancer.org.uk](http://www.prostate-cancer.org.uk) to find out more about the disease.