

Audio – Edinburgh man is World Porridge making Champion!

✘ The winner of the 18th World Porridge making championship is from Edinburgh. John Boa went to Carrbridge over the weekend with his wooden spurtle to make some porridge his way. He wowed the judges so much that he ended up winning the [Golden Spurtle](#), and has been crowned World porridge making champion.

John spoke with us to tell us the secrets of how he makes his porridge, and it must be said, he shows himself to be a little modest about his skills.

An accomplished gaelic singer and gold medal finalist at the National Mod, John also sings with Lothian Gaelic Choir. He enjoys cycle touring and has twice cycled between Land's End and John o' Groats, once in each direction. On each trip he carried oatmeal, salt and a spurtle to make a sustaining breakfast every day and said:- "I was undoubtedly helped along the way by a morning intake of porridge. The simplicity of using just one main ingredient makes it the only choice for cycle touring – it's easy to carry enough to do breakfast for the whole week."

[Interview with the Winner of The Golden Spurtle \(mp3\)](#)