

# Quarriers shaking it up with Edinburgh Big Zumbathon

✖ Quarriers is seeking rhythmic Edinburgh residents [to sign up for its Edinburgh Big Zumbathon](#) to shimmy, shake and weave their way to raising cash to help vulnerable families supported by the charity. Hundreds of people are expected to take part in Quarriers's second annual Zumba marathon which will take place at the city's Meadowbank Sports Centre in London Road on Sunday 2 October between Noon and 3pm.

And Quarriers is urging anyone from Edinburgh unable to get to the event on the day to help make the fundraiser even bigger by holding their own local Zumbathon.

Quarriers events and community fundraising manager Bryan McCall said: "The Quarriers Big Zumbathon is a great way for people in Edinburgh to have fun, keep fit and raise money for the vulnerable people we support. The dance moves are really simple – and the Latin music is great.

"It doesn't matter how old you are or if you have never tried Zumba before – the Quarriers event is for everybody at any fitness level. You can take part in the event individually or get a group of friends or family together.

"And if you are already a member of a group why not get the class involved in the Quarriers Big Zumbathon."

Four of Scotland's leading instructors will take to the stage at the Quarriers Edinburgh Big Zumbathon including Donna Giffen – one of the UK's best known names in Zumba – and the Zumba Boys, David and Tim Lowe.

Bryan added: "The glow of the exercise might fade after the day – but money raised from the Quarriers Big Zumbathon will last much longer and help us to support thousands of adults with a disability, children and families, people with epilepsy and young people facing homelessness."

Quarriers is one of Scotland's largest social care charities. It provides much needed care and support for thousands of vulnerable children, young people, adults and families who face extremely challenging circumstances such as homelessness, learning and physical disabilities and epilepsy. The charity supports many thousands of people through its 150 services across the UK.

To sign up for the Edinburgh event or find out how you can host your own Quarriers Big Zumbathon in the city please visit [www.quarriers.org.uk/zumba](http://www.quarriers.org.uk/zumba) or call Bryan McCall or Jen McManamon on 01505 610017.

Follow all the news about Quarriers's Big Zumbathon at [facebook.com/quarriers](https://facebook.com/quarriers) and on Twitter @Quarriers. And anyone taking part in the events can upload their Zumbathon photos to [www.flickr.com/groups/zumbathon](http://www.flickr.com/groups/zumbathon)