

# Fringe Review: Muscle (\*\*\*)

Muscle is a Welsh play based in Cardiff centring round interviews with men. The acting was of the highest quality though they regularly changed characters which made it a little hard to follow at times.

✘ The simple set – amounting to 7 mobile door sized screens and 2 chairs – were used very effectively to interact with the multimedia projections being used.

Within part of the play, themes of domestic violence and preconceived ideas what being a ‘manly’ man is, are robustly challenged by ideas of respect, responsibility and love.

Many of the audience liked the drama, so do go along and let us know what you think!

[Muscle](#) is at Zoo Roxy, daily at 8pm